



SWARA Connecting...

*Our Values: Love, Truth, Right Action,
Peace, Non-violence
...a ribbon connecting all of our People,
our Processes, our Structures*

January 2015 - Newsletter # 1

Welcome to SWARA 2015!

SWARA turns 40 this year and love from us all as we spring forward into a new fantastic year. This is a great opportunity to refresh ourselves, starting with our clients' needs. Your needs are guiding our planning, our programs and all of our activities and you are the reason why we exist. Each of you is very important to us and we have an exciting program planned for 2015 that will energise, activate and warm your hearts.

Our theme for 2015 is **'Springboarding into our 5th decade'**.



Volunteers are needed now for Literacy/Reading 9.30am-12.30pm daily. Ring Jane 33914119.

NDIS became law in Australia in 2013 and commenced July 1, 2014.

Your individual funding depends on you determining your own plan with your own goals and your own pathway to achieve those goals. You will need this plan for a meeting with an NDIA planner from July 1, 2016 to get your individual government funds or no funding will be provided. This is a great opportunity for us all to reach our individual and SWARA full potential. We look forward to having our first NDIS Conversation for 2015 in the coming weeks and each afternoon between 1.15-2.30, we are devoting to understanding what NDIS means personally to you and getting to create individual plans that government requires for you to get your funding.

SWARA offers you a loving environment with:

A. **Learning and Life Skills programs** to assist you to plan and to achieve your goals.

B. **Key Learning Areas:**

1. Learning and knowledge skills
2. Healthy Domestic Life Skills
3. Horticulture
4. Creative and Performing Arts
5. Bakery skills
6. Recycling
7. Communication skills

Each program's curriculum is linked to a TAFE certificate and/or employment option should you choose to follow that path.

C. **It is up to you to make choices and take control** of your own learning and life.

Each program's curriculum outcomes are measured along a developmental continuum so that individuals can choose their own outcomes and their own success criteria. Your colour group leader will be available to assist you to create your plan, yet it is your choice to seek them out.

Times 2015:

8am-9am	Horticulture Garden Club
9- 9.15	Communication welcome (all to attend promptly)
9.15- 10.30	Session 1
10.30-11	Morning tea and clean-up
11-12.30	Session 2
12.30- 1.15	Lunch and clean-up
1.15- 2.30	Session 3
2.30- 3.00pm	Buses, taxis, staff consults

What is coming up? **Reading Volunteers needed 9.30-12.30 daily**, choose your day and ring Jane on 07-33914119

Thursday 22nd January: Australia Day celebrations, client created and lead program, all welcome.

Tuesday 27th January: 2015 Programs in all Key Learning Areas begin in full so we ask for prompt attendance on time or each session bringing out the Learning and Life Skills that are in every client to achieve their own set goals.

We look forward to your participation and coming in to meet us at SWARA soon.

**Kind regards,
SWARA Staff**

Bronwyn Gowing (exec manager), Jane Buchanan (manager Mon & Tues temp)
Deb Kilvington, Adam Brooks, Baz Glasson, Lois Vider, Buddhi Kudaligama, Sarah Aitken