



Our Values: Love, Truth, Right Action, Peace, Non-violence

July August 2015

Love in Action: August focus on Right Action



SWARA PROGRAMS

HEALTHY DOMESTIC LIFE SKILLS

Sunshine Café produces sumptuous, healthy feasts, like this one that support skills for independent living. Skills developed make us more productive, motivated and energising for everyone around us. That's LOVE in ACTION!

SWARA support skills tackle all tasks by engaging interpersonal skills for customer service, teamwork and leadership. Creativity involves staff working 'from the inside-out' to draw out capabilities that are already in each client, yet not being used. Each of these skills become systems that enable SWARA clients to work productively.



LEARNING AND KNOWLEDGE SKILLS

Our footy tipping competition develops numeracy, personal engagement and laughter skills that are so necessary, bringing out emotional intelligence.



Cliff Still has developed as one of our hospitality models, always aware of the needs of others and bringing great love to every interaction. He is mentor to several other clients in supporting their development of recycling skills.

CREATIVE AND PERFORMING ARTS

Thank you Ted Lucas as you spent your last week with us until you return from the USA. You have inspired our artists to bring out their magical

internal visual skills and inspired us to keep the SWARA story alive on our walls in preparation for our November celebrations. We **welcome volunteers** who can work with Baz Glasson to guide the Art project through its next phase.

Well done clients, the love in your brushwork lingers on our driveway walls and your inspiration becomes indelible for our memories.

Jeff Blunt is creating a dove sculpture for the Peace Garden each Friday. It will adorn our walls and raise our spirits too.

BAKERY SKILLS



Our adored Moyia O'Brien officiated cutting the ribbon on the newly installed bakery ovens that are producing lots more biscuits, cakes and loaves each baking, making our workers far happier, satisfied and productive.

Here Moyia cuts the pink ribbon showering her pink love on our produce.





Launching the new bakery!

RECYCLING

The recycle centre is certainly growing with new members. A big welcome to **Brandon Hogg, Diane Spoor, Tonia Bourke, Joshua Nash, River Max Upton and Robert Wittman**. Welcome back **Geoff Abel** we have all missed you and your contribution that you always bring to the recycle centre. A big thank you to **Amelia** who has been busy taking photos and videoing all the hard work of the members accomplishing their goals. This is to be put on a DVD towards the end of the year.



Deb leads a fabulous team of workers whose skills are developing daily. She is so proud of that fact that not a thing is wasted from the electric meters that are dismantled and recycled at SWARA and turned into cash each quarter.

Achievement is at many levels. Our people model wise environmental decisions, relationships with each other, manual skills and an on-going economic and social role in Australian society.



Learning involves laughter, mindfulness and love.



Our Board members are always actively involved at SWARA and provide invisible strength, direction and leadership. Board Chair **Ranji Goundar** is well loved and very present with individual clients and staff.

JULY BIRTHDAYS



Cliff Still reads his own birthday card with Board Chair Ranji and Manager Bronwyn. We celebrate birthdays and ask families and carers to remind us, provide a cake or assist us to celebrate our SWARA family's birthdays as they are important milestones in our lives.

ARCARE VISITORS WELCOMED BY MOYIA



Our founder Moyia O'Brien welcomes some of her fellow-residents at her new home at Arcare. Her guests thoroughly enjoyed the Pink Experience at SWARA when they came in a bus, enjoyed the Songbirds choir and bakery produce as well as SWARA Café morning tea prepared lovingly by everyone.

UPCOMING EVENTS

17th September – National Disability Week

conversation with an NDIA speaker helping us to know how to write your plans to realise your full potential and to get maximum individual funding in 2016.

SWARA invites all family, careers, advocates and volunteers to assist clients in

'Understanding client plans for our NDIS interviews'. Lunch will be provided. Could all families and carers be with us for your financial benefit on this day?

29th October – NDIA clients plans presentation and NDIA review of plans

23-27th November- our 40th celebrations!

Our invitation will follow this newsletter, this coming week. Please everyone be in touch with members, volunteers, participants of SWARA over those wonderful 40 years.

Our Open week program is out next week!

Kind regards,
SWARA Board and Staff

Ranji Goundar (Chair), Susan Carlton (Secretary), Justine Callaghan (Treasurer), Andrew Karydas, Faye Carver, Brad Hatten Board members.

Bronwyn Gowing (exec manager), Deb Kilvington (senior support worker, Baz Glasson, Lois Vider, Richard Manning, Buddhi Kudaligama, Sarah Aitken

Our Management Board are meeting weekly currently to ensure that they guide SWARA through the important changes needed to guide you, our clients, families, carers and friends through the changes brought about by the NDIS Act.

Your client funding from government is important as are your own goals and pathways to achieve those goals.

With your plan that staff are assisting clients to put together by December 2015, the NDIA will fund your needs that are 'necessary and reasonable'.