

swara Program Schedule 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00am-12:00pm Morning Tea Break 10:30am-11:00am	Kitchen Skills	Kitchen Skills	Kitchen Skills	Kitchen Skills	Kitchen Skills
	Learning	Yoga & Meditation	Pottery/ Sensory Arts	Yoga & Meditation	Zumba
	Beading & Jewellery Making	Digital Literacy Skills	Community Access	Sound-Based Literacy & Numeracy	Games & Bingo
	Community Access				Bakery
12:00pm-1:00pm Supported Lunch Break & Free Time					
Session 2 1:00pm-3:00pm	Drama	Choir	Outdoor Games & Pool	Choir	Karaoke
	Bakery	Wellbeing		Bakery	
	E-Waste Recycling	E-Waste Recycling Program	Craft & Origami	Gardening & Sustainability	Outdoor & Indoor Games
		Auslan			