

swara Program Schedule 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00am-12:00pm Morning Tea Break 10:30am-11:00am	Learning Workbooks	Yoga & Meditation	Pottery	Yoga & Meditation	Dance & Movement
	Beading & Jewellery making	Pottery	Bingo / Kahoot	Sound-Based Literacy & Numeracy	Drama
	Community Access	Digital Literacy	Community Access	Bakery	Nail Art & Pampering
12:00pm-1:00pm Supported Lunch Break & Free Time					
Session 2 1:00pm-3:00pm	Games & Bingo	Choir	Creative Arts / Movies	Choir	Karaoke - Singing & Dancing
	Bakery	Walking Club/ Health & Wellness	Making Music	Indoor Games	Outdoor Games & Pool
	Exercise & Movement	Crocheting / Knitting	Outdoor Games & Pool	Gardening Club/ Health & Wellness	Creative Arts & Crafts

Daily programs: kitchen skills, e-waste recycling

Ad hoc training: nutrition, hygiene, internet safety & life skills

Auslan: small group lesson Tuesday session 2

Cafe outing: Wednesdays