

swara Program Schedule 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00am–12:00pm Morning Tea Break 10:30am–11:00am	Learning Workbooks	Pottery	Pottery	Yoga & Meditation	Karaoke
		Crocheting			
	Beading & Jewellery making	Yoga & Meditation	Bingo / Kahoot	Sound-Based Literacy & Numeracy	Drama
	Community Access	Digital Literacy	Community Access	Bakery	Nail Art & Pampering
12:00pm–1:00pm Supported Lunch Break & Free Time					
Session 2 1:00pm–3:00pm	Games & Bingo	Choir	Making Music	Choir	Dance & Movement
			Pottery		
	Bakery	Pottery	Creative Arts	Indoor Games	Creative Arts
	Exercise & Movement	Walking Club / Health & Wellness	Outdoor Games & Pool	Gardening Club/ Health & Wellness	Outdoor Games & Pool

Daily programs: kitchen skills, e-waste recycling

Ad hoc training: nutrition, hygiene, internet safety & life skills

Auslan: small group lesson Tuesday session 2

Cafe outing: Wednesdays