

swara Program Schedule 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00am-12:00pm Morning Tea Break 10:30am-11:00am	Learning Workbooks	Pottery Crocheting	Pottery	Dance & Movement	Absolutely Everybody Choir (Ext)
	Beading & Jewellery Making	Yoga & Meditation	Bingo / Kahoot	Drama	Beading & Jewellery Making
	Community Access	Digital Literacy	Community Access	Gardening Club	Nail Art & Pampering

12:00pm-1:00pm Supported Lunch Break & Free Time

	Games & Bingo	Karaoke	Pottery	Sound-Based Literacy & Numeracy	Movie
Session 2 1:00pm-3:00pm	Bakery	Pottery	Creative Arts	Bakery	Creative Arts
	Exercise & Movement	Walking Club / Health & Wellness	Indoor Games & Pool OR Karaoke	Yoga & Meditation	Indoor/Outdoor Games & Pool

Daily programs: kitchen skills, e-waste recycling

Ad hoc training: nutrition, hygiene, internet safety & life skills

Auslan: small group lesson Tuesday session 2

Cafe outing: Wednesdays